

# Final Race Instructions

## Disney Kids' Races

Friday, October 1, 2010 | 4:00 p.m. | Track & Field Complex at ESPN Wide World of Sports



### PACKET PICK-UP

If you pre-registered for the Kids' Races, please attend Packet Pick-Up on Friday, October 1, 2010 from 2:00 p.m. to 4:00 p.m. at the Track & Field Complex at ESPN Wide World of Sports.

### EVENT LOCATION

Track and Field Complex at ESPN Wide World of Sports

### AGE GROUPS

The Kids' Races will be staged in the following age groups:

- 400m Dash: 7-8 years old (blue start flags)
- 200m Dash: 4-6 years old (yellow start flags)
- 100m Dash: 1-3 years old (green start flags)
- Diaper Dash: 12 months & under (Finish Line)

### EVENT SCHEDULE

#### Friday, October 1

2:00 p.m. – 4:00 p.m. – Packet Pick-Up

4:00 p.m. – Kids' Races (100m, 200m, 400m, and Diaper Dash)

### RACE INFORMATION

#### RACE START

Each age group will have its own start line, which will be color coded for all parents to easily find. Each participant's bib number color matches the starting flag for their distance. We will also have plenty of volunteers on hand to make sure that each of these athletes gets to the correct start line – be sure to listen to the announcer for instructions on exactly what to do! Any parents who wish to run with their children are encouraged to do so.

The Kids' Races will start promptly at 4:00 p.m. at the Track & Field Complex at ESPN Wide World of Sports. The event will follow a rolling schedule beginning with the 1-3 year old competitors, followed by the 4-6 year olds, the 7-8 year olds, and the Diaper Dash. Participants in all races should be at their respective start lines by 3:45 p.m. Race staff will group all Kids' Race participants into waves by bib number at each starting flag.

### BIB NUMBERS

Make sure to wear the Kids' Races bib! Each start line will have feather banners that match the colored numbers on the race bibs – green for 100m, yellow for 200m, and blue for 400m. Diaper Dash will take place at the finish line. All Kids' Races participants will be grouped into waves by bib number at each starting flag.

### RACE FINISH

All Kids' Races will utilize the same finish line at the Track.

### AWARDS

All of the Kids' Races competitors are winners! No placement awards will be given out, but all finishers will receive a commemorative medallion at the Finish. Medallions will be given to official Kids' Races participants – parents who choose to run with their kids will not receive a medallion.

### RACE RESULTS & TIMING

Since everyone is a winner, none of the Kids' Races will be scored. There will be no Race Results for the 400m, 200m, 100 or Diaper Dash.

### RESTRICTIONS

For everyone's safety, baby joggers/strollers, baby carriers, bicycles, inline skates, skateboards, and pets are prohibited on the course.

**Please remember to thank the volunteers and have a great race!**

## ESPN Wide World of Sports Complex



## Kids' Races at the Track

