



## **WALT DISNEY WORLD® Marathon Weekend Runners' Etiquette Tips**

- 1. Please pay attention to pre-race instructions - both print and verbal. What you read and hear will not only help guide you through the course but will keep you safe.**
- 2. Please enter your correct start corral and wave (waves are in Half Marathon only). This will ensure that you are running with those who have a similar pace.**
- 3. Run or walk no more than two abreast. Other runners may want to get by you. If you are walking in a group, please start in the last corral.**
- 4. If you want to run with a friend and they are in a different corral, the faster of the two of you can move back to the slower corral.**
- 5. If you are stopping at a water or food station, move all the way over to the table, grab water and move away from the table so others may get water too.**
- 6. Move to the side if someone behind you says, "Excuse me" or "Coming through".**
- 7. Feel free to shout words of encouragement to other runners!**
- 8. When you are approaching the finish line, you may see loved ones cheering you on. Please do not encourage anyone from joining you in this finish line stretch run. Your support team is very important, but please remember that the finish area is for registered runners and staff only.**
- 9. Enjoy the post-race refreshments, but remember that others want to enjoy the goodies too!**
- 10. Celebrate! This is your day...or your days if you are Goofy enough to run both the full and half marathons!**