



2006 Disney's Minnie Marathon Weekend

EXPO EVENTS

Fashion Shows by Champion®

featuring a sneak preview of the new O2Cool Collection

Show Times: Friday, May 5 at 2:30 pm & 5:30 pm • Saturday, May 6 at 2:00 pm & 4:30 pm

Culinary Demonstrations

by Chef Marianne Hunnel and Wine Suggestions & Tips by Debbi Sacleux

Demo Times: Friday, May 5 from 4:00 – 5:30 pm • Saturday, May 6 from 12:30 – 2:00 pm

Wine Tasting

featuring Miles of Magic, the exclusive wine of the Endurance Series at WALT DISNEY WORLD® Resort

Tasting Times: Friday, May 5 from 4:30 – 5:30 pm • Saturday, May 6 from 1:00 – 2:00 pm

Snag Golf

a new and fun way to play golf, presented by WALT DISNEY WORLD® Golf

Golf Times: Saturday, May 6 from 2:30 pm – 5:00 pm

SEMINAR SPEAKERS

Dawna Stone, Founder and Publisher of *Her Sports* magazine and selected as the Apprentice on *The Apprentice: Martha Stewart*

Molly Barker, MSW, 4-time Hawaii Ironman triathlete and Founder and Visionkeeper of *Girls on the Run International*: An international running program designed to celebrate girls' voices, bodies and spirit through the joy of running

Denise Godreau, Senior Vice President for Walt Disney World Marketing and avid runner

Chef Marianne Hunnel, CEC, CHT, Food & Beverage Training & Development Consultant, WALT DISNEY WORLD® Resort

Debbi Sacleux, Certified Sommelier, Coral Reef Restaurant at *Epcot*®

Alice Baker, registered dietitian and licensed nutritionist in Orlando, specializing in sports nutrition and eating disorders

Susan Wickboldt, MS, Training Program Director for Track Shack Foundation and competitive age group runner and triathlete

Valerie Greene, *part of the Heart Health Panel*, Stroke survivor and spokesperson for the American Stroke Association

Theresa Maxwell, *part of the Heart Health Panel*, Heart disease survivor and spokesperson for the American Heart Association

Dr. Sharon Nichols, D.O., F.A.C.C., *part of the Heart Health Panel*, Cardiologist from Florida Hospital

Dr. Richard Bransdorf, *part of the Heart Health Panel*, Cardiologist from Celebration Hospital



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SPEAKER & EVENT SCHEDULE

Friday, May 5, 2006

12:00-12:30 pm	Tips for Runners from Basic to Experienced , Susan Wickboldt, Training Program Director for Track Shack Foundation
12:30-1:00 pm	Fuel Your Best, Run Your Best: Sports Nutrition for Women , Alice Baker, RD, LN/N
1:00-1:30 pm	Heart Health Discussion , interactive discussion with a Florida Hospital cardiologist and survivors of heart disease & stroke
2:30-3:00 pm	Fashion Show by Champion® , featuring a sneak preview of the new O2Cool Collection
3:00-3:30 pm	Women Run the World 15K: Course Review & Last Minute Tips
3:30-4:00 pm	A Balanced Life: Juggling, Career, Family, and Running , Denise Godreau, Senior Vice President for WALT DISNEY WORLD® Marketing and avid runner
4:00-5:00 pm	Quick & Healthy Snacks , Chef Marianne Hunnel, CEC, CHT, Food & Beverage Training & Development Consultant and Debbi Sacleux, Certified Sommelier, WALT DISNEY WORLD® Resort
4:30-5:30 pm	Wine Tasting , featuring Miles of Magic, the exclusive wine of the Endurance Series at WALT DISNEY WORLD® Resort
5:30-6:00 pm	Fashion Show by Champion® , featuring a sneak preview of the new O2Cool Collection

Saturday, May 6, 2006

10:00-10:30 am	Fuel Your Best, Run Your Best: Sports Nutrition for Women , Alice Baker, RD, LN/N
10:30-11:00 am	Tips for Runners from Basic to Experienced , Susan Wickboldt, Training Program Director for Track Shack Foundation
11:00-11:30 am	Heart Health Discussion , interactive discussion with a Florida Hospital cardiologist and survivors of heart disease & stroke
11:30-12:00 pm	Women Run the World 15K: Course Review & Last Minute Tips
12:00-12:30 pm	The Busy Woman's Guide to Staying Fit & Healthy , Dawna Stone, Founder & Publisher of Her Sports Magazine
12:30-1:30 pm	Cooking for a Healthy Heart , Chef Marianne Hunnel, CEC, CHT, Food & Beverage Training & Development Consultant and Debbi Sacleux, Certified Sommelier, WALT DISNEY WORLD® Resort
1:00-2:00 pm	Wine Tasting , featuring Miles of Magic, the exclusive wine of the Endurance Series at WALT DISNEY WORLD® Resort
2:00-2:30 pm	Fashion Show by Champion® , featuring a sneak preview of the new O2Cool Collection
2:30-5:00 pm	Indoor Snag Golf Skills Challenge , presented by Walt Disney World® Golf
3:30-4:00 pm	Girls on the Run: Life Lessons Learned on the Way to the Finish Line , Molly Barker, Founder & Visionkeeper for Girls on the Run International
4:30-5:00 pm	Fashion Show by Champion® , featuring a sneak preview of the new O2Cool Collection

Speakers, times, and topics are subject to change without notice